

TIPS

Sicherheitshinweis

- Das Band vor jeder Übung auf Beschädigungen überprüfen. Verwenden Sie keine beschädigten Bänder.
- Band nicht überdehnen, keine zu hohe Spannung erzeugen.

Veiligheidsvoorschriften

- Controleer de band vóór ieder gebruik op beschadigingen en/of onregelmatigheden. Gebruik geen beschadigde banden.
- De band niet overrekken door er een te grote trekkracht op uit te oefenen.

Avis de sécurité

- Vérifier l'état de la bande élastique avant chaque utilisation. Ne pas utiliser une bande abîmée ou usée.
- Ne pas exposer la bande à une traction/extension trop forte.

Security advice

- Prior to every use check your Fitband for damages. Do not use damaged bands.
- Do not overstretch band, do not create too much tension.

Advertencia de seguridad

- Antes de cada uso, verificar la cinta Fitband de posibles daños. No usar cintas en mal estado.
- No forzar las cintas, no realizar demasada tensión.

Consiglio di sicurezza

- Prima d'ogni utilizzo, controllare che il nastro non sia danneggiato. Non utilizzare nastri danneggiati.
- Non tendere troppo il nastro per evitare tensioni elevate.

Säkerhets råd

- Före varje användning kontrollera att fitbandet ej är skadat. Använd ej skadat fitband.
- Tänj inte ut fitbandet för mycket.

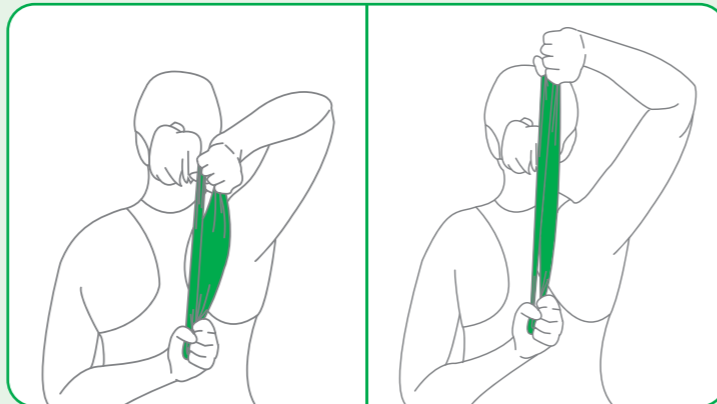
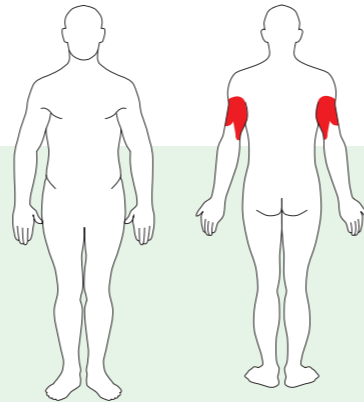
안전수칙

- 매번 사용하기 전에 핏밴드의 손상 여부를 확인하세요. 손상된 밴드를 사용하면 안 됩니다.
- 밴드를 지나치게 늘리거나 팽팽하게 당기지 마십시오.

Druckfehler und Irrtümer vorbehalten.
 Farb-, Material- und Konstruktionsänderungen möglich.
 Typesetting and printing errors excepted.
 Changes in color, material and construction possible.

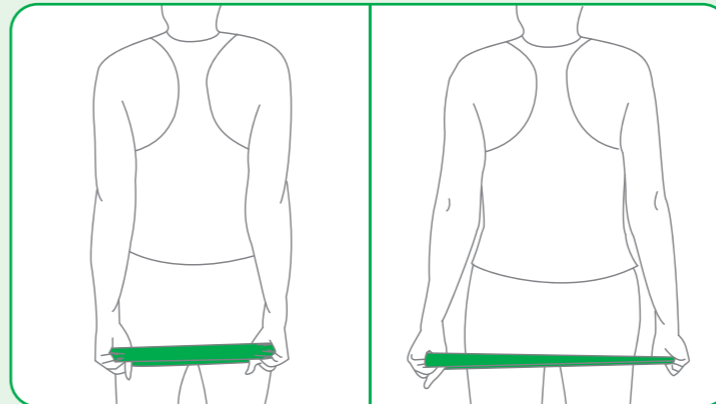
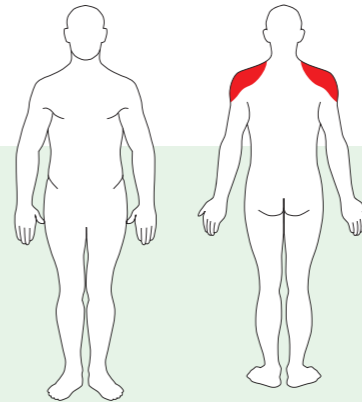
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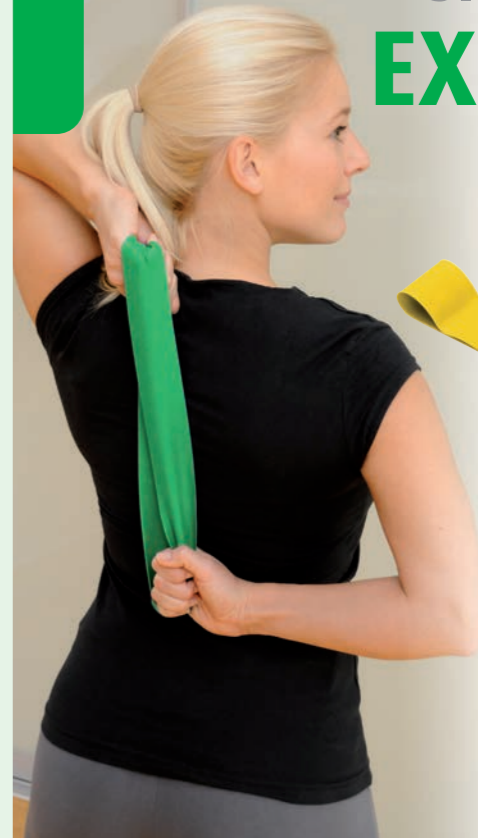


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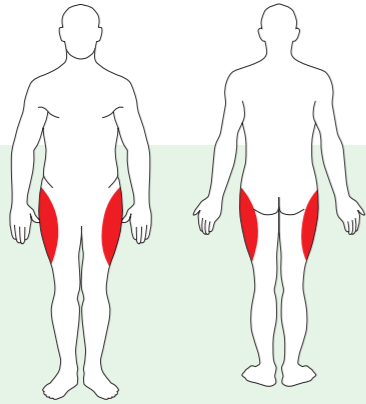
SISSEL® EXERCISE LOOP



leicht | léger
 easy | licht
 ligero | leggera
 lätt | lätt

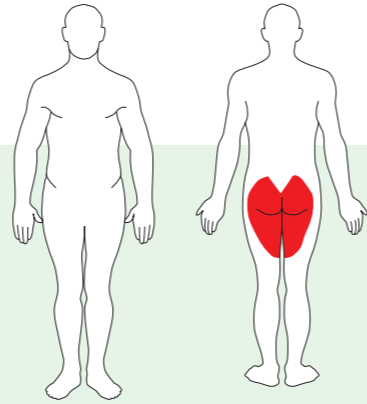
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01



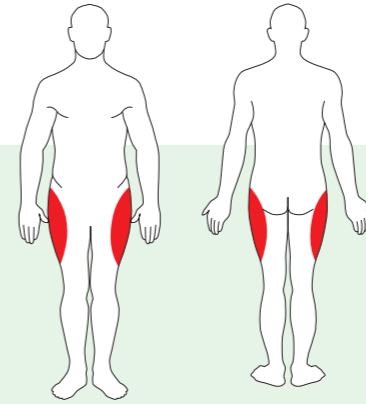
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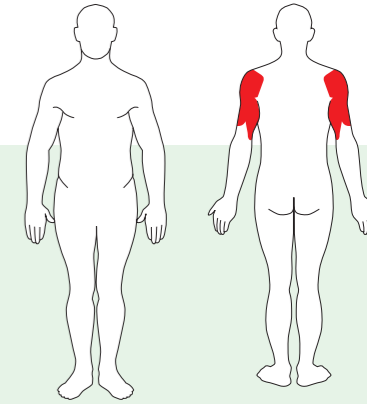
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